

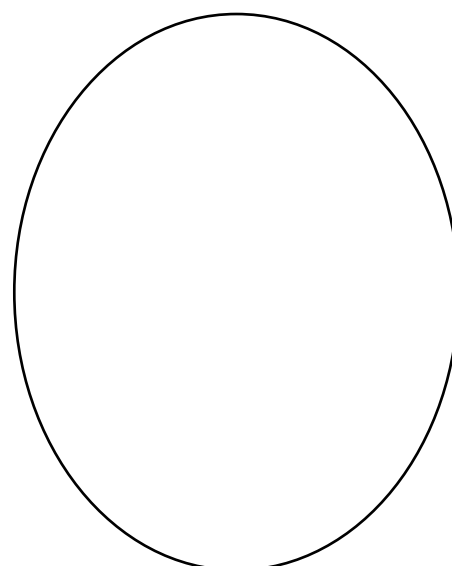
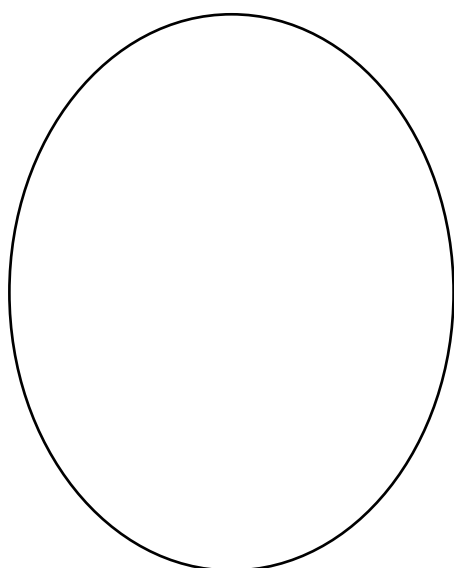
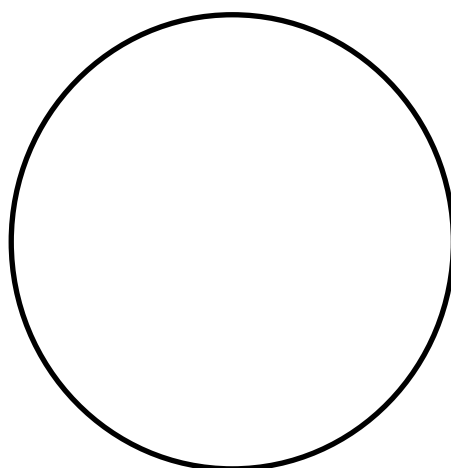
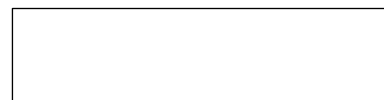
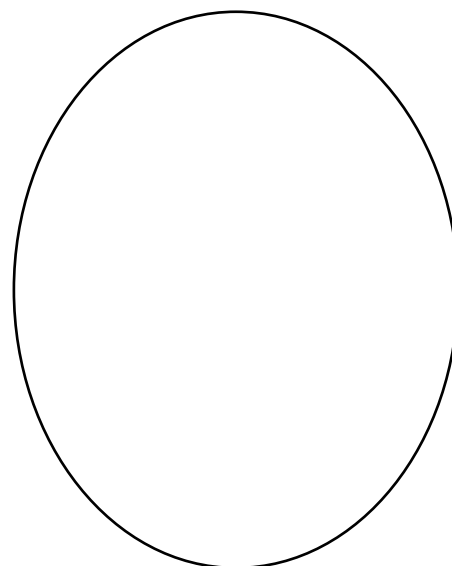
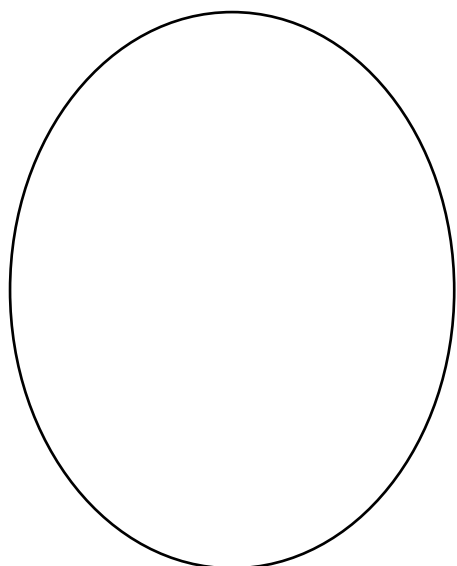
Activity Book

Name:.....

The Cooking Club Detectives

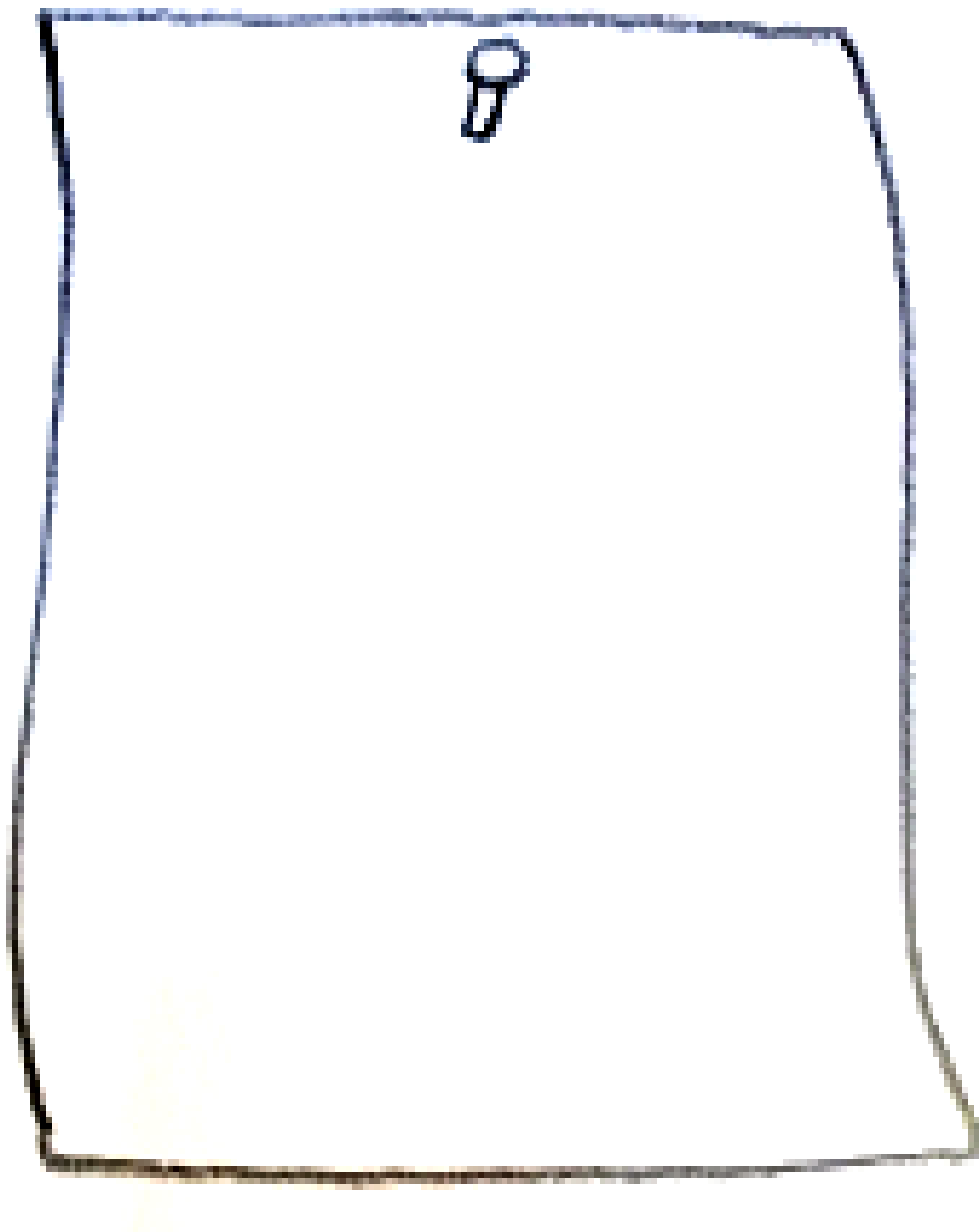
Draw and name the four members of the club.

Design a special Cooking Club Detectives badge and draw it in the centre circle



Make a poster to save Skipton Community Centre

Think of a slogan and reasons why the Community centre should not be closed



Write a letter

Write a letter to the newspaper explaining reasons why the community centre should be kept open

What is your favourite family recipe?

Find out the ingredients and how to make it (the method)

My favourite recipe is:

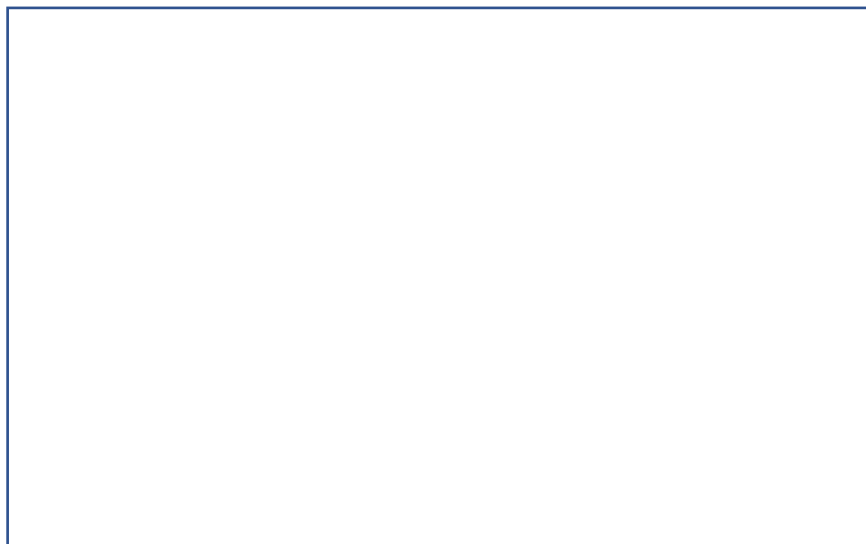
Ingredients

-
-
-
-
-
-

Method

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

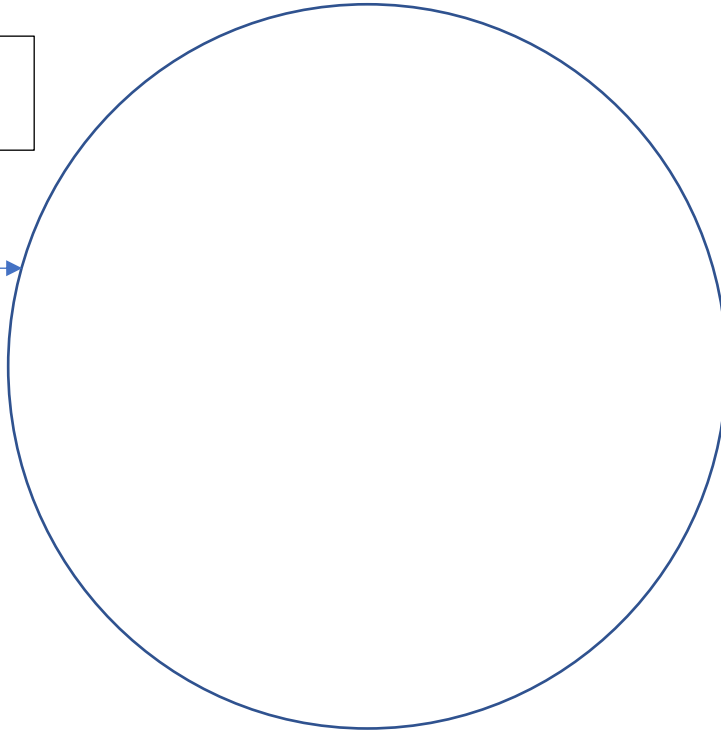
Take a photo, and print it out (or draw it) and stick it here:



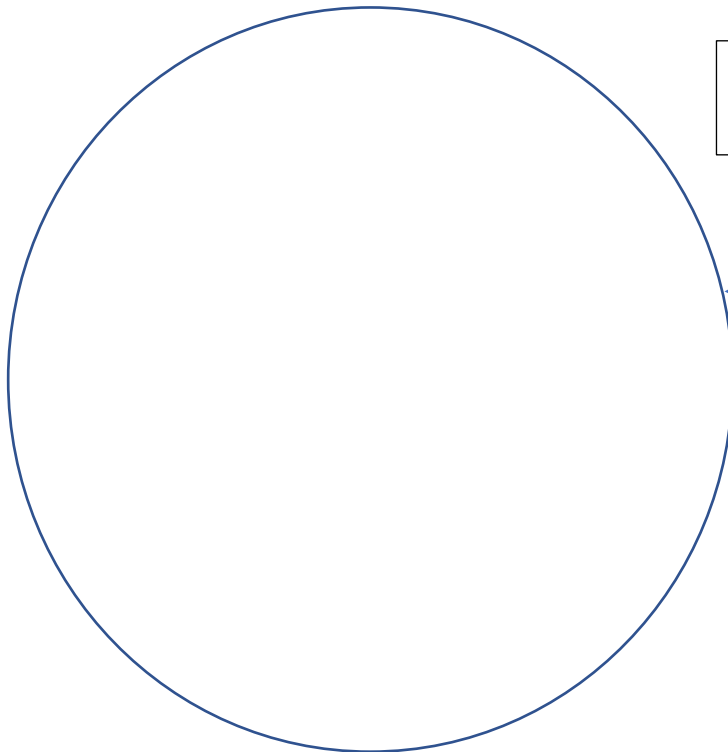
Are you eating healthily?

See if you can categorise some of the foods you eat regularly into healthy and unhealthy foods

Healthy Foods



Unhealthy Foods



Design a healthy menu

Design a day's healthy menu draw or list the food in the middle column. See if you can investigate and calculate the rough cost of your day's meals.

Breakfast		Cost
Lunch		Cost
Dinner		Cost
Total cost		